

BEGINNER WORKSHOP

Event - BEGINNER WORKSHOP ໓

When	Sat, 12. September 2026, 10:30 - 13:30
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Description

Our Beginner Workshops is designed for those with very little or no dance experience and gives you a fast track into freestyle.

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You will learn a selection of beginner moves & how to link them together so you can 'freestyle' your way through a dance.

You can attend Beginner 1 & Beginner 2 workshops in either order (or just attend one and pick up the rest of the moves in Ceroc classes).

While it is possible to learn the whole of the Ceroc Beginner Syllabus by attending both Beginner 1 and Beginner 2 sessions, we recommend also attending Ceroc class nights to really bed those techniques into your muscle memory.

All Ceroc Teachers are fully qualified dance instructors and it is mandatory for them to continue their own personal development.

This workshop is also an ideal way for experienced dancers to refresh your fundamental techniques.

There will be short breaks (tea, coffee, juice and biscuits are provided

[Book here](#)

Join our Ceroc Heaven Facebook Group [Here](#)

Venue - CEROC NOTTS WORKSHOPS - Colwick Community Hall

Location	CEROC NOTTS WORKSHOPS - Colwick Community Hall
Street	Vale Road
Postcode	NG4 2GP
City	Nottingham
Region/County	Nottinghamshire
Country	GB

Description

Colwick Community Centre is a vibrant and much loved hub at the heart of the Colwick community offering fantastic facilities for special events, training sessions, activity or parties. The

Centre is also home to a number of community and voluntary groups providing a range of services to local people from Yoga to Zumba and Ceroc dancing!>/p>

We are also the home to the long established Colwick Theatre Club as well as St Johns Pre-School, the only such facility in Colwick village.

Travel and parking information

Colwick Community Centre is situated on the east side of Nottingham about a mile from Nottingham Racecourse. The post code is NG4 2GP. On what3words we are at: ///degree.older.fancy

In Nottingham follow signs to Nottingham Racecourse and continue past it on Daleside Road East (A612). At the second set of traffic lights turn left into Vale Road. The Colwick Community Centre is on your right after 100 yards. Turn right into the car park.

Free onsite parking.